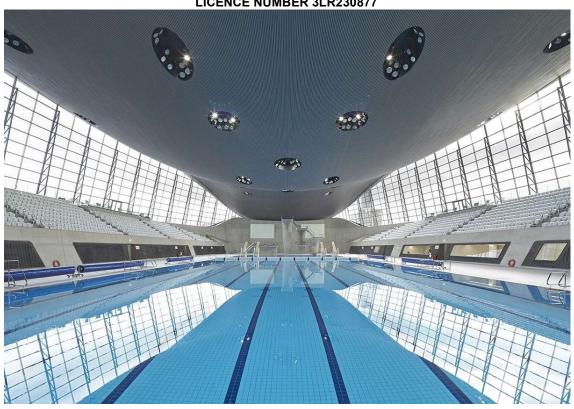


NUEL SC EARLY COUNTY QUALIFIER Open Meet 2023

(Held under Swim England Laws and Swim England Technical Rules of Swimming) **SHORT COURSE LEVEL 3 MEET**

LICENCE NUMBER 3LR230877



Saturday 7th and Sunday 8th October 2023

London Aquatics Centre

Queen Elizabeth Olympic Park E20 2ZQ











Newham and UEL Swimming Club NUEL SC Early County Qualifier Open Meet 2023 License no: 3LR230877

(Held under Swim England Laws and Swim England Technical Rules of Swimming)

NUEL SC Early County Qualifier 2023 ("Meet")

Name:

Entry Fees:

Date:	Saturday 7 and Sunday 8 October 2023
Venue:	London Aquatics Centre, Queen Elizabeth Olympic Park E20 2ZQ
Pool:	25 metres, 10 lanes with anti-wave lane ropes, electronic timing and secondary strobe light
Age Groups:	9,10,11,12,13,14,15,16, 17 & over (Age as at 8 October 2023)
	 50m, 100m and 200m all strokes
Events:	400m Freestyle
	 100m, 200m & 400m Individual Medley
Qualifying Times:	There are no qualifying times, but there are upper limit times ("ULT") based on Short Course Times.
Awards:	Heat declared winners with awards to top three in each age group.

Spectator entry fees: £10/person/day (Doors open 7.45am)

Children under the age of 12 free of charge if

£9.00 per event for all 50m, 100m and 200m

£10.00 per event for 400m Freestyle and 400 IM

accompanied by paying adult

Closing Date for Entries: Sunday 24 September 2023

Contact email: <u>nuelopenmeets@gmail.com</u>



Promoters Conditions

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PROMOTER'S CONDITIONS

Newham and University of London Swimming Club ("NUELSC or NUEL") will liaise with the pool operators regarding safety management in addition to any rules and regulations in place by Government at the date of this Meet. Whilst plans are in place for NUELSC to produce a document indicating necessary protocols this will be published as soon as possible but this may be subject to change. All participants will be required to agree to as part of the opt into this meet.

1) MEET ADMINISTRATORS

- 1.1 The Promoters, Meet Administrators and Meet Organisers for this Meet are Khairul Aziz and Akmar Hasmaruddin (nuelopenmeets@gmail.com) on behalf of NUELSC.
- 1.2 Closing deadline for entries and full payment is midnight on 24th September 2023.

2) GENERAL CONDITIONS

- 2.1 The Meet will be conducted Short Course held under Swim England Laws, Swim England Technical Rules of Swimming and these Promoter's terms and conditions.
- 2.2 The Meet is licensed at level 3 and held under licensed number 3LR230877.
- 2.3 The event conditions may be revised in response to guidelines from the Operator, Government and Public Health England related to Covid-19 and sporting competitions.
- 2.4 Flash photography is prohibited at all times during this Meet.
- 2.7. There will be secondary strobe available at the venue.

3) DATA PROTECTION

- 3.1 By submitting and accepting entries to the Meet consent is hereby given, as required by the Data Protection Act 2018, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared in the form of results with Swim England (Rankings) and the clubs who have entered the Meet. A full copy of the results will be published on the website after the Meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted.
- 3.2 If any persons want to exercise their right to erasure or processing of their personal data, they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems.



4) ELIGIBILITY FOR ENTRY

- 4.1 The Meet is open to competitors registered as Club Compete members of the Swim England, or equivalent membership status for Scottish Swimming or Nofio Cymru (Swim Wales)
- 4.2 The event does not require any minimum qualifying times. However, there are specified upper limit times (ULT), which are determined by Short Course times as outlined in Appendix 1 and Appendix 2. Any entry times that exceed the published ULT may not be accepted. Swimmers are requested to submit their most recent best Short Course times (or converted Long Course times, whichever is faster) during registration, and entries with no time (NT) will not be considered.
- 4.3 In the event that the Meet is undersubscribed, the promoters reserve the right to accept late entries or entries faster than ULT providing that the priority has already been given to entries received before the closing date. Accepted entries that are faster than ULT will not be eligible for awards.
- 4.4 By submitting an entry to this Meet, a competitor or in the case of competitor being under the age 18 years during the Meet, the competitor's legal guardians attest to the fitness and ability of the competitor to complete the event without foreseeable injury or incident without causing delay to the event schedule.
- 4.5 Swimmers with possession of a Swim England Certificate of Swimming Disability (or international equivalent) or whose Swim England membership record details of a disability sport class are welcome to enter the competition.

5) AGE CRITERIA

- 5.1 Age groups will be 9, 10, 11, 12, 13, 14, 15, 16, 17 & over.
- 5.2 A Swimmer's age is as at 8th October 2023.

6) EVENTS (Appendix 1)

- 6.1 Events will be:
 - 6.1(a) 50m, 100m, 200m, 400m Freestyle
 - 6.1(b) 50m, 100m, 200m Backstroke, Breaststroke, Butterfly
 - 6.1(c) 100m, 200m, 400m Individual Medley

7) ENTRY FEES

- 7.1 The entry fee is £9.00 per event for all 50m, 100m and 200m events and £10.00 per event for all 400m events.
- 7.2 Entry fees are non-refundable, except in cases where the Meet is cancelled or the Organisers reject the entries or if the withdrawal adheres to the conditions outlined in paragraph 10.4 of this programme.

8) ENTRY PROCEDURE

- 8.1 All entries must be entered electronically, using Hytek software. An Events file containing the full schedule of events is available for download from NUELSC website. This file should be used in conjunction with the "Hytek Team Manager" software or another compatible team management application.
- 8.2 All eligible entries must be made by clubs in the standard electronic format produced by Hytek's Team Manager or an equivalent compatible application.
- 8.3 A £25 administration fee is payable by club submitting a paper-based entry (manual entry) for up to six competitors.



- 8.4 Where there are six or more competitors from a club, entries MUST be submitted electronically.
- 8.5 Clubs are requested to send all entries with an entry report, completed summary sheets and any poolside applications at the same time with one payment to cover all swimmers, coaches, team managers and chaperones passes.
- 8.6 Payments to be made by bank electronic transfer only. Payments need to be received in full before the entries will be processed. If payment is not received by the closing date, NUEL reserves the right to reject the entries in full.
- 8.7 Individual entries will be accepted by emailing completed Individual Entry Form to nuelopenmeets@gmail.com and will incur an admin charge of £5 per individual entry and must be paid by BACS.
- 8.8 The Promoter recommends that no travel or accommodation arrangements are confirmed until the club receives written confirmation of entry.
- 8.9 **Entries will be processed on a first come first served basis**, however if the gala is nearing capacity the promoter reserves the right to restrict entries from the last club's entries received to ensure compliance with licensing guidelines and the restrictions will be made from the longest distance events first then in reducing distance by individual age groups.
- 8.10 In the event that entries are rejected, fees will be refunded by bank transfer to the club bank account.
- 8.11 The Meet Promoter reserves the right to cancel the event if the Meet is under subscribed.
- 8.12 Accepted entries from visiting clubs bringing a team of 5 or more swimmers are requested to provide at least one qualified official at J1 level, or higher per session and their details (together with their qualification) are to be forwarded with the entry information. Meals and refreshments will be provided to officials.
- 8.13 The submission of entries, either electronically or by entry form indicates acceptance of the Meet Conditions.
- 8.14 Accepted and rejected entries will be posted to all clubs shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any errors.
- 8.15 The Meet Promoter reserves the right to limit entries and the number of heats in any event to maintain a balanced programme.

9) MEET PROCEDURE

- 9.1 Heats will be swum with all age groups combined and swimmers seeded by entry times. All heats will be spearheaded and swum slow to fast, based on the entry times.
- 9.2 All events will be swum on a heat declared winner basis. The first three for each age group in each event will receive medals.
- 9.3 Over the top starts will be used where appropriate.
- 9.4 Warm-up procedures will be posted on the club website after the finalisation of entries.



10) WITHDRAWAL PROCEDURE

- 10.1 Once an entry has been accepted it is assumed that the swimmer will be competing at the Meet. Withdrawals must be made by the start of each warm-up session and hand-in to the recorders using the withdrawal sheets which will be included in the coach's pack and on the recorder's desk.
- 10.2 Withdrawals may also be made by email to nuelopenMeets@gmail.com up to Wednesday 4 October 2023.
- 10.3 Refunds are not available for withdrawal once entries have been processed and accepted subject to paragraph 10.4 of Withdrawal Procedure below.
- 10.4 In certain circumstances, where an official withdrawal form is submitted within the time limit and accompanied by medical evidence and accepted by the Organisers; NUELSC may refund the associated entry fees shortly after the Meet has been completed.

11) MARSHALLING

- 11.1 It is the swimmer's responsibility to report to the Meet Marshalls in the designated marshalling area in good time for your event. Heat start lists for each event will be printed and given to the coaches before each session starts and it is the competitor's responsibility to ensure their name appears on the list prior to the start of the session.
- 11.2 Upon entry to the marshalling area, the athlete must ensure that they report to a Marshall and be registered as being present. Competitors must follow directions of the Meet Marshalls at all times.
- 11.3 All competitors must enter the marshalling area 'race ready' as under normal circumstances having entered the marshalling area should remain in its confines until led onto the pool deck for their race.
- 11.4 Coaches/Team Managers/Chaperones will not be allowed in the marshalling area at any time.

12) COACHES, TEAM MANAGERS AND CHAPERONES

- 12.1 Coaches, Team Managers' and Chaperones passes are available in advance for £30 per day per person or £50 per person for the weekend. This is not transferable. This entitles the holder of a start list, meals, refreshments and result sheets posted or sent electronically.
- 12.2 Coaches, Team Managers' and Chaperones Passes must be ordered using the Club Entry Form.
- 12.3 Coaches, Team Managers and Chaperones are expected to wear their wristbands at all times.
- 12.4 Coaches, Team Managers' and Chaperones will not be allowed on the poolside without a Pass (wristbands
- 12.5 Coaches and Team Managers must be club trained personnel.
- 12.6 All applicants should be registered members of Swim England and hold a current DBS check.



13) SAFEGUARDING

13.1 In accordance with the Swim England Child Safeguarding Policies and Procedures any parents or carers of swimmers under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms.

14) PHOTOGRAPHY, VIDEO OR DIGITAL CAPTURING DEVICES

- 14.1 Flash photography is prohibited at all times. No cameras, video or digital capturing devices (including mobile phones) may be used in the changing area. This policy will be vigorously enforced, and any person found to be contravening this policy will be asked to leave the gala without a refund. Additionally, no video recording or photography is allowed by the poolside without prior approval from the Organisers.
- 14.2 As the permitted use of devices which capture still or moving images is no longer dependent upon pre-registration, we request that all persons attending this Meet at the London Aquatics Centre have a clear understanding of their responsibilities and obligations as detailed in the "Swim England Photography Guidance" section of Wavepower 2020-23.

15) SAFETY AND SECURITY

- 15.1 It is the responsibility of coaches and parents to ensure the safety of their swimmers. All swimmers should Meet the requirements of the Swim England competitive start award and should obey all safety notices and announcements. The organisers and pool management reserve the right to remove any spectator, swimmer or anyone from the poolside or from the venue whose behaviour or action is against the rules of the pool or this Meet or threatening the efficient running of the Meet. Stewards will be patrolling the centre and anyone found causing damage or seriously misbehaving, will be banned from the Meet and refused entry to the building. A refund will not be made to swimmer or spectator removed from the event.
- 15.2 For health and safety reasons bags are to be stored in the lockers, only small drawstring bags will be allowed poolside. Lockers are available with the use of a refundable £1 coin. No chairs are allowed on the pool side.
- 15.3 Only competing swimmers, coaches, officials and Team Managers are allowed on poolside. Parents are not allowed in the changing area and on the pool side.
- 15.4 The Promoter may enforce additional measures in compliance with pool provider, Government and Public Health England regulations related to Covid-19 guidelines as well as for general safety and security. This will be communicated in advance via emails to the competing clubs' representative and a notice on the NUELSC website (http://www.nuelsc.uk)
- 15.5 WET SWIMMERS WILL NOT BE ALLOWED into the balcony area after their race. They will be required to dry off poolside and wear suitable footwear. Please bring a spare towel to the poolside for the race.



16) ENTRANCE

16.1 Doors open for swimmers, coaches, officials and team managers from 7.30am using the doors on the upper floor. Doors open for spectators from 7.45am.

17) OTHERS

- 17.1 Spectator entry will be by colour-coded wristbands. Entry fees are £10.00 per day. Children under the age of 12 will gain entry free of charge but must be accompanied by an adult.
- 17.2 Other than the Meet entry fees, the Promoter will not be responsible for any other cost or expenditure incurred by the swimmer, spectator or club; on cancellation of the Meet or amendment to the date of this Meet in the event that the venue is closed by the pool operator due to unforeseen circumstances.
- 17.3 The venue is the London Aquatics Centre, Queen Elizabeth Olympic Park, E20 2ZQ. It is recommended that if you travel by car, please you use the multi-story car parks in Westfield Shopping Centre which is a short walk away from the pool. The pool is also easily accessible by train/tube with a short walk from Stratford station.
- 17.4 There is a café in the main foyer as well as kiosks at the seating gallery and plenty of food venues in the nearby Westfield.
- 17.5 Please ensure you clear up after yourself by placing all litter in the receptacles provided, do not leave it for others to clear up for you.
- 17.6 Anything not covered within these rules will be at the discretion of the Promoters of the competition.



PROGRAMME OF EVENTS

SATURDAY 7 OCTOBER 2023

SESSION 1

SESSION 2

Withdrawal closes: 8		8.00am	Withdrawal	closes:	TBC	
Warm Up for Boys: 8.00		8.00am-8.25am	Warm Up fo	or Boys:	TBC	
Warm Up for Girls:		8.25am-8.50am	Warm Up fo	or Girls:	TBC	
Start:		9.00am	Start:		TBC	
Event 101	Boys 400i	m IM	Event 201	Boys 200m Freestyle		
Event 102	Girls 200m IM		Event 202	Girls 400m Freestyle		
Event 103	Boys 100m Backstroke		Event 203	Boys 100m Breaststroke		
Event 104	Girls 100r	n Freestyle	Event 204	Girls 100m Butterfly		
Event 105	Boys 200m Breaststroke		Event 205	Boys 200	m Backstroke	
Event 106	Girls 200r	n Butterfly	Event 206	Girls 50m Backstroke		
Event 107	Boys 50m	Butterfly	Event 207	Boys 50m	Freestyle	
Event 108	Girls 50m	Breaststroke	Event 208	Girls 100r	m IM	

SUNDAY 8 OCTOBER 2023

SESSION 3 SESSION 4

Withdrawal closes: 8.00am		Withdrawal	closes:	TBC		
Warm Up for Girls: 8.00am-8.25am Warm Up for Girls		or Girls:	TBC			
Warm Up for Boys:		8.25am-8.50am	Warm Up fo	or Boys:	TBC	
Start:		9.00am	Start:		TBC	
Event 301	Girls 400m IM		Event 401	Girls 200m Freestyle		
Event 302	Boys 200m IM		Event 402	Boys 400m Freestyle		
Event 303	Girls 100m Backstroke		Event 403	Girls 100m Breaststroke		
Event 304	Boys 100m Freestyle		Event 404	Boys 100m Butterfly		
Event 305	Girls 200m Breaststroke		Event 405	Girls 200r	n Backstroke	
Event 306	Boys 200	m Butterfly	Event 406	Boys 50m Backstroke		
Event 307	Girls 50m	Butterfly	Event 407	Girls 50m	Freestyle	
Event 308	Boys 50m	Breaststroke	Event 408	Boys 100	m IM	



Appendix 1

UPPER LIMIT QUALIFYING TIMES (SHORT COURSE)

		Boys Upper Limit Qualifying Times								
		09	10	11	12	13	14	15	16	17+
	50m	00:33.0	00:31.0	00:29.0	00:27.0	00:26.0	00:25.0	00:24.0	00:22.0	00:22.0
	100m	01:17.0	01:10.0	01:06.0	01:02.0	00:59.0	00:57.0	00:55.0	00:52.0	00:52.0
Freestyle	200m	02:43.0	02:30.0	02:22.0	02:15.0	02:08.0	02:02.0	01:55.0	01:53.0	01:53.0
	400m	05:45.6	05:20.5	04:58.9	04:42.9	04:29.0	04:20.0	04:08.0	04:05.0	04:05:0
	50m	00:45.0	00:43.0	00:39.0	00:36.0	00:35.0	00:33.0	00:31.0	00:30.0	00:30.0
Breaststroke	100m	01:40.0	01:30.0	01:26.0	01:22.0	01:17.0	01:14.0	01:11.0	01:09.0	01:09.0
	200m	03:38.9	03:18.0	03:04.5	02:52.1	02:41.4	02:33.9	02:31.9	02:28.9	02:28.9
	50m	00:38.0	00:34.0	00:32.0	00:30.0	00:29.0	00:28.0	00:27.0	00:26.0	00:26.0
Butterfly	100m	01:26.0	01:18.0	01:14.0	01:10.0	01:06.0	01:03.0	01:01.0	01:00.0	01:00.0
	200m	03:39.6	03:05.3	02:46.7	02:35.2	02:25.8	02:18.3	02:10.3	02:08.3	02:08.3
	50m	00:38.0	00:34.0	00:33.0	00:31.0	00:30.0	00:28.0	00:27.0	00:26.0	00:26.0
Backstroke	100m	01:26.0	01:17.0	01:13.0	01:10.0	01:06.0	01:04.0	01:01.0	01:00.0	01:00.0
	200m	03:11.7	02:53.2	02:39.7	02:29.6	02:21.9	02:15.6	02:10.6	02:05.6	02:05.6
Individual Medley	100m	01:19.5	01:16.4	01:12.3	01:08.3	01:06.0	01:04.3	01:02.6	01:01.0	01:01.0
	200m	03:12.0	02:50.0	02:36.0	02:32.0	02:25.0	02:20.0	02:18.0	02:14.0	02:14.0
	400m	06:59.0	06:50.8	06:26.7	05:49.6	05:31.2	05:05.0	04:45.8	04:40.8	04:40.8



Appendix 2

UPPER LIMIT QUALIFYING TIMES (SHORT COURSE)

		Girls Upper Limit Qualifying Times								
		09	10	11	12	13	14	15	16	17+
	50m	00.33.0	00.31.0	00.30.0	00.28.0	00.27.0	00.27.0	00.26.0	00.24.0	00.24.0
	100m	01:17.0	01:10.0	01:07.0	01:03.0	01:01.0	00:59.5	00:58.0	00:54.0	00:54.0
Freestyle	200m	02:42.0	02:30.0	02:22.0	02:16.0	02:12.0	02:08.0	02:06.0	02:02.0	02:02.0
	400m	05.45.6	05.20.5	04.58.9	04.42.9	04:37.0	04:30.0	04:20.0	04:18.0	04:18.0
	50m	00:44.0	00:41.0	00:39.0	00:36.0	00:35.5	00:35.0	00:34.0	00:31.0	00:31.0
Breaststroke	100m	01:39.0	01:30.0	01:25.0	01:21.0	01:18.0	01:14.0	01:12.0	01:10.0	01:10.0
	200m	03:41.4	03:17.9	03:02.4	02:52.9	02:45.7	02:41.7	02:31.7	02:28.7	02:28.7
	50m	00.38.0	00.34.0	00.32.0	00:31.0	00:30.0	00:29.0	00:28.0	00:25.0	00:25.0
Butterfly	100m	01:26.0	01:18.0	01:14.0	01:11.0	01:08.0	01:05.0	01:04.0	01:00.0	01:00.0
	200m	03:39.3	03:03.5	02:46.2	02:36.0	02:29.2	02:24.7	02:14.7	02:10.7	02:10.7
	50m	00.38.0	00.34.0	00.33.0	00:32.0	00:31.0	00:29.0	00:28.0	00:24.0	00:24.0
Backstroke	100m	01:26.0	01:17.0	01:13.0	01:12.0	01:09.0	01:05.0	01:04.0	01:00.0	01:00.0
	200m	03:10.4	02:51.3	02:39.2	02:30.8	02:26.3	02:22.9	02:12.9	02:10.9	02:10.9
Individual Medley	100m	01:20.8	01:18.5	01:16.8	01:14.2	01:11.6	01:11.0	01:10.1	01:08.5	01:08.5
	200m	03:10.0	02:50.0	02:36.0	02:33.0	02:29.0	02:26.0	02:24.0	02:20.0	02:20.0
	400m	06:59.0	06:50.8	06:26.7	05:49.6	05:31.2	05:05.0	05:00.0	04:50.0	04:50.0