



WATFORD SWIMMING CLUB

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County Qualifier - Licence 3ER231284

Saturday 18th & Sunday 19th November 2023

PROGRAMME OF EVENTS

SATURDAY 18 th NOVEMBER 2023		
	Event No.	Event
SESSION 1 Warm Up 1.00pm Start 2.00pm	1	Female 400m Freestyle
	2	Open/Male 400m Freestyle
	3	Female 100m Breaststroke
	4	Open/Male 100m Breaststroke
	5	Female 100m Individual Medley
	6	Open/Male 100m Individual Medley
SESSION 2 Warm up no earlier than tbc START no earlier than tbc	7	Female 200m Backstroke
	8	Open/Male 200m Backstroke
	9	Female 100m Freestyle
	10	Open/Male 100m Freestyle
	11	Female 200m Individual Medley
	12	Open/Male 200m Individual Medley
	13	Female 50m Butterfly
	14	Open/Male 50m Butterfly

SUNDAY 19 th NOVEMBER 2023		
	Event No.	Event
SESSION 3 Warm Up 9.00 am Start 10.00 am	15	Open/Male 400m Individual Medley
	16	Female 400m Individual Medley
	17	Open/Male 100m Backstroke
	18	Female 100m Backstroke
	19	Open/Male 200m Breaststroke
	20	Female 200m Breaststroke
	21	Open/Male 100m Butterfly
	22	Female 100m Butterfly
	23	Open/Male 50m Breaststroke
	24	Female 50m Breaststroke
	SESSION 4 Warm up no earlier than tbc Start no earlier than tbc	25
26		Female 200m Freestyle
27		Open/Male 50m Backstroke
28		Female 50m Backstroke
29		Open/Male 200m Butterfly
30		Female 200m Butterfly
31		Open/Male 50m Freestyle
32		Female 50m Freestyle