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| LEVEL 3 MEET  Affiliated to Swim England East Region  (Under Swim England Laws and Regulations and Swim England Technical Rules of Swimming) | **WATFORD SWIMMING CLUB**  The Claire Houchin Skills Development Meet 2025  Licence 3ER250578  NO FASTER TIMES |  |

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| **Open / Male**: No Faster / Speed Ticket Times Short Course (age at 17th May 2025) | | | | | | | | | |
|  |  | **NOT FASTER THAN** | | | | | | | |
| No | EVENT | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **16 & over** |
| 1 | 100m Individual Medley | 01.40.65 | 01.40.65 | 01.33.53 | 01.28.51 | 01.21.76 | 01.18.59 | 01.11.83 | 01.11.83 |
| 3 | 200m Butterfly | 04.16.47 | 04.16.47 | 04.04.16 | 03.58.56 | 03.20.58 | 02.55.90 | 02.43.36 | 02.43.36 |
| 5 | 100m Breaststroke | 01.54.24 | 01.54.24 | 01.47.18 | 01.40.80 | 01.32.96 | 01.27.09 | 01.19.68 | 01.19.68 |
| 7 | 50m Backstroke | 45.36 | 45.36 | 41.71 | 39.82 | 37.51 | 35.64 | 32.91 | 32.91 |
| 8 | 200m Freestyle | 03.07.11 | 03.07.11 | 02.55.84 | 02.44.96 | 02.34.30 | 02.29.82 | 02.16.46 | 02.16.46 |
| 10 | 100m Butterfly | 01.52.49 | 01.52.49 | 01.39.68 | 01.32.39 | 01.21.47 | 01.16.87 | 01.08.81 | 01.08.81 |
| 12 | 200m Backstroke | 03.31.04 | 03.31.04 | 03.17.28 | 03.05.02 | 02.54.44 | 02.46.54 | 02.33.94 | 02.33.94 |
| 14 | 50m Freestyle | 38.15 | 38.15 | 35.6 | 33.66 | 31.15 | 29.7 | 27.78 | 27.78 |
| 16 | 200m Individual Medley | 03.30.20 | 03.30.20 | 03.20.48 | 03.11.30 | 02.56.85 | 02.49.40 | 02.37.09 | 02.37.09 |
| 18 | 100m Freestyle | 01.26.89 | 01.26.89 | 01.21.76 | 01.15.35 | 01.10.74 | 01.06.51 | 01.04.44 | 01.01.44 |
| 20 | 50m Butterfly | 45.48 | 45.48 | 41.54 | 37.90 | 36.27 | 33.96 | 31.11 | 31.11 |
| 23 | 200m Breaststroke | 04.07.97 | 04.07.97 | 03.48.18 | 03.38.40 | 03.23.90 | 03.17.86 | 02.58.21 | 02.58.21 |
| 25 | 100m Backstroke | 01.38.56 | 01.38.56 | 01.33.07 | 01.25.74 | 01.20.57 | 01.18.02 | 01.10.17 | 01.10.17 |
| 27 | 50m Breaststroke | 52.66 | 52.66 | 48.74 | 45.23 | 41.89 | 40.25 | 36.30 | 36.30 |

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| **Female**: No Faster / Speed Ticket Times Short Course (age at 17th May 2025) | | | | | | | | | |
|  |  | **NOT FASTER THAN** | | | | | | | |
| No | EVENT | **9** | **10** | **11** | **12** | **13** | **14** | **15** | **16 & over** |
| 2 | 200m Individual Medley | 03.41.86 | 03.41.86 | 03.20.60 | 03.04.41 | 03.01.44 | 02.56.96 | 02.52.17 | 02.52.17 |
| 4 | 100m Freestyle | 01.27.36 | 01.27.36 | 01.20.52 | 01.15.61 | 01.13.01 | 01.11.68 | 01.08.14 | 01.08.14 |
| 6 | 50m Butterfly | 45.92 | 45.92 | 41.44 | 38.08 | 37.73 | 36.36 | 35.09 | 35.09 |
| 9 | 200m Breaststroke | 04.09.76 | 04.09.76 | 03.44.54 | 03.31.89 | 03.22.56 | 03.19.90 | 03.12.73 | 03.12.73 |
| 11 | 100m Backstroke | 01.38.56 | 01.38.56 | 01.31.84 | 01.24.49 | 01.22.88 | 01.21.26 | 01.18.00 | 01.18.00 |
| 13 | 50m Breaststroke | 52.64 | 52.64 | 48.16 | 44.8 | 43.05 | 42.83 | 40.54 | 40.54 |
| 15 | 100m Individual Medley | 01.42.92 | 01.42.92 | 01.32.44 | 01.27.36 | 01.24.00 | 01.22.88 | 01.19.82 | 01.19.82 |
| 17 | 200m Butterfly | 04.11.25 | 04.11.25 | 03.56.88 | 03.26.08 | 03.23.04 | 03.14.54 | 03.01.10 | 03.01.10 |
| 19 | 100m Breaststroke | 01.54.78 | 01.54.78 | 01.47.14 | 01.40.48 | 01.36.04 | 01.32.40 | 01.28.88 | 01.28.88 |
| 21 | 50m Backstroke | 45.57 | 45.57 | 42.56 | 39.86 | 38.46 | 37.92 | 36.14 | 36.14 |
| 22 | 200m Freestyle | 03.11.78 | 03.11.78 | 02.54.35 | 02.40.42 | 02.37.45 | 02.34.90 | 02.30.05 | 02.30.05 |
| 24 | 100m Butterfly | 01.48.89 | 01.48.89 | 01.39.93 | 01.28.41 | 01.24.00 | 01.20.96 | 01.17.22 | 01.17.22 |
| 26 | 200m Backstroke | 03.35.17 | 03.35.17 | 03.12.64 | 03.02.95 | 02.56.23 | 02.55.15 | 02.48.64 | 02.48.64 |
| 28 | 50m Freestyle | 38.15 | 38.15 | 35.58 | 33.84 | 32.66 | 32.34 | 31.17 | 31.17 |