

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION
COUNTY CHAMPIONSHIPS 2026 Inclusive of Multi-Classification Events

February 2026 @ London Aquatic Centre

OPEN/BOYS

Long Course

Events	10+11's	10+11 Con	12's	12 Con	13's	13 Con	14's	14 Con	15's	15 Con	16's	16 Con	17+	17+Con	Long
50 Free	36.06	41.37	32.75	35.45	30.93	33.00	29.55	31.35	27.68	29.68	26.37	27.84	25.01	26.22	50 Free
100 Free	01:22.5	01:37.9	01:12.2	01:18.7	01:07.9	01:13.2	01:03.6	01:09.2	01:00.8	01:05.0	57.71	01:00.3	54.54	58.27	100 Free
200 Free	03:00.1	04:07.4	02:40.5	02:52.3	02:30.2	02:37.8	02:17.6	02:30.1	02:15.1	02:22.2	02:04.0	02:13.8	02:02.5	02:11.9	200 Free
400 Free	06:17.1	06:47.7	05:38.2	05:44.1	05:06.8	05:21.8	04:41.6	04:52.1	04:41.0	04:51.8	04:21.6	04:30.0	04:18.3	04:29.8	400 Free
800 Free	NONE	NONE	11:06.9	12:32.5	10:59.3	11:42.9	09:51.0	10:46.6	09:49.1	10:38.3	09:12.7	10:08.4	09:02.5	10:02.5	800 Free
1500 Free	NONE	NONE	23:32.9	24:29.4	21:15.3	24:07.8	18:16.2	19:30.1	18:16.2	19:24.2	17:23.1	18:33.4	17:18.7	19:30.3	1500 Free
50 Back	42.45	48.06	38.58	41.33	35.28	38.86	34.76	37.25	31.65	35.31	30.31	33.72	29.05	31.9	50 Back
100 Back	01:32.7	01:47.1	01:23.9	01:29.2	01:16.9	01:24.3	01:14.6	01:20.6	01:08.1	01:16.0	01:03.3	01:12.3	01:01.9	01:08.7	100 Back
200 Back	03:20.1	03:40.8	02:58.1	03:08.2	02:46.4	03:00.2	02:40.9	02:54.9	02:30.4	02:45.0	02:21.3	02:34.8	02:20.1	02:33.7	200 Back
50 BR	49.68	56.29	44.10	48.45	39.59	43.87	38.57	42.19	34.20	39.74	32.94	36.00	31.29	34.4	50 BR
100 BR	01:47.3	02:02.2	01:39.5	01:47.5	01:28.9	01:37.7	01:25.2	01:34.2	01:17.3	01:25.4	01:12.7	01:20.0	01:10.9	01:18.8	100 BR
200 BR	04:11.2	04:26.3	03:27.3	03:43.7	03:14.6	03:27.1	03:06.6	03:18.4	02:52.8	03:09.8	02:34.5	02:56.4	02:35.3	02:40.1	200 BR
50 Fly	41.95	50.93	36.05	40.69	33.69	37.15	31.66	35.85	29.67	32.73	28.51	30.07	26.98	29.34	50 Fly
100 Fly	01:40.2	01:59.5	01:29.7	01:43.1	01:18.9	01:28.6	01:13.1	01:25.7	01:08.9	01:15.2	01:03.8	01:11.5	01:00.9	01:08.1	100 Fly
200 Fly	03:36.4	03:49.4	03:34.1	03:46.9	02:57.6	03:27.9	02:52.7	03:20.1	02:47.6	02:54.4	02:22.8	02:53.6	02:19.3	02:48.5	200 Fly
200 IM	03:26.4	03:30.6	03:02.2	03:12.4	02:47.2	02:56.0	02:36.9	02:50.4	02:33.9	02:40.6	02:21.1	02:28.2	02:20.9	02:27.9	200 IM
400 IM	NONE	NONE	06:54.7	07:20.2	05:58.7	06:05.9	05:47.0	05:58.8	05:31.3	05:43.7	05:08.0	05:10.1	05:03.9	05:05.8	400 IM

Short course

Events	10+11's	10+11 Con	12's	12 Con	13's	13 Con	14's	14 Con	15's	15 Con	16's	16 Con	17+	17+Con	Long
50 Free	35.50	40.90	32.10	34.90	30.20	32.40	28.80	30.70	26.90	29.00	25.60	27.10	24.20	25.40	50 Free
100 Free	01:21.5	01:37.0	01:11.0	01:17.6	01:06.7	01:12.0	01:02.3	01:08.0	59.40	01:03.7	56.20	58.90	53.00	57.90	100 Free
200 Free	02:58.2	04:06.0	02:38.3	02:50.3	02:27.9	02:35.6	02:15.0	02:28.0	02:12.5	02:20.0	02:01.2	02:11.2	02:00.0	02:09.20	200 Free
400 Free	06:13.3	06:44.0	05:34.0	05:40.0	05:02.2	05:17.4	04:37.0	04:47.3	04:36.0	04:46.9	04:16.2	04:25.0	04:13.0	04:25.0	400 Free
800 Free	NONE	NONE	10:58.2	12:24.8	10:50.5	11:34.6	09:41.1	10:37.6	09:39.2	10:29.0	09:02.2	09:58.8	08:52.0	09:52.8	800 Free
1500 Free	NONE	NONE	23:18.2	24:15.2	20:59.0	22:52.8	17:57.2	19:12.3	17:57.2	19:06.3	17:03.0	18:40.7	16:58.7	19:12.5	1500 Free
50 Back	42.00	47.60	38.10	40.80	34.70	38.30	34.20	36.70	31.00	34.70	29.60	33.10	28.40	31.30	50 Back
100 Back	01:31.8	01:46.3	01:22.9	01:28.3	01:15.8	01:23.3	01:13.5	01:19.6	01:06.9	01:14.9	01:02.0	01:11.2	01:00.6	01:07.0	100 Back
200 Back	03:18.4	03:39.3	02:56.0	03:06.4	02:44.4	02:58.3	02:38.8	02:53.0	02:28.2	02:43.0	02:18.9	02:33.0	02:17.7	02:31.5	200 Back
50 BR	49.00	55.70	43.40	47.80	38.80	43.10	37.70	41.40	33.30	38.90	32.00	35.10	30.30	33.50	50 BR
100 BR	01:46.1	02:01.0	1:38.20	01:46.3	01:27.5	01:36.0	01:24.0	01:32.8	01:15.7	01:24.0	01:10.9	01:18.4	01:09.1	01:17.2	100 BR
200 BR	04:09.10	04:24.3	03:24.70	03:41.0	03:11.90	03:24.5	03:03.70	03:15.7	02:49.70	03:07.0	02:31.10	02:53.0	02:32.00	02:36.8	200 BR
50 Fly	41.50	50.60	35.50	40.20	33.10	36.60	31.00	35.30	29.00	32.10	27.80	29.40	26.30	28.70	50 Fly
100 Fly	01:39.4	01:58.9	01:28.8	01:42.4	01:17.9	01:27.7	01:12.1	01:24.8	01:08.0	01:14.2	01:02.6	01:10.4	59.60	01:07.0	100 Fly
200 Fly	03:25.0	03:29.1	03:33.0	03:45.5	02:55.8	03:26.4	02:50.9	03:18.5	02:46.0	02:53.0	02:20.6	02:52.0	02:17.0	02:46.6	200 Fly
200 IM	03:24.5	03:29.0	03:00.0	03:10.0	02:45.0	02:53.7	02:34.0	02:48.1	02:31.3	02:38.1	02:18.3	02:25.5	02:18.1	02:25.2	200 IM
400 IM	NONE	NONE	06:50.4	07:16.2	05:53.8	06:01.1	05:41.9	05:53.9	05:26.0	05:58.5	05:02.2	05:04.4	04:58.0	05:00.0	400 IM

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION
COUNTY CHAMPIONSHIPS 2026 Inclusive of Multi-Classification Events
 February 2026 @ London Aquatic Centre

GIRLS

Long course

Event	10+11's	10+11 Con	12's	12 Con	13's	13 Con	14's	14 Con	15's	15 Con	16's	16 Con	17+	17+Con	long
50 Free	36.51	39.88	32.91	34.84	30.77	32.61	29.41	31.60	28.97	30.56	28.26	30.44	28.13	29.13	50 Free
100 Free	01:21.6	01:35.8	01:13.1	01:19.1	01:08.4	01:11.8	01:04.1	01:08.3	01:02.3	01:07.0	01:02.2	01:06.4	01:00.4	01:02.6	100 Free
200 Free	03:01.6	03:38.9	02:40.3	02:52.6	02:25.0	02:36.0	02:17.3	02:27.7	02:15.2	02:24.2	02:15.0	02:24.0	02:08.7	02:15.5	200 Free
400 Free	06:37.6	06:47.0	05:40.0	05:42.7	05:02.9	05:14.5	04:52.5	04:53.8	04:47.3	04:53.3	04:46.6	04:51.5	04:30.5	04:40.4	400 Free
800 Free	NONE	NONE	12:32.7	13:17.9	11:00.0	11:18.1	10:11.9	10:21.0	09:52.1	09:59.1	09:47.3	09:57.6	09:22.6	09:43.4	800 Free
1500 Free	NONE	NONE	20:29.4	20:53.6	19:46.9	19:54.4	18:57.9	19:53.0	18:44.0	19:50.2	18:37.0	19:08.0	18:09.4	18:36.1	1500 Free
50 Back	42.63	46.86	38.73	41.29	35.92	38.65	34.15	37.44	33.34	36.76	33.06	36.31	31.06	33.83	50 Back
100 Back	01:30.2	01:42.8	01:24.9	01:29.9	01:17.3	01:22.6	01:14.6	01:20.1	01:11.9	01:18.8	01:11.7	01:18.0	01:06.9	01:11.4	100 Back
200 Back	03:23.6	03:40.0	03:02.9	03:11.7	02:42.5	02:54.9	02:29.8	02:48.0	02:38.5	02:47.3	02:37.1	02:46.3	02:28.1	02:32.5	200 Back
50 BR	48.41	56.27	43.36	46.97	40.52	43.74	37.82	40.52	37.10	40.46	37.01	40.16	35.50	38.55	50 BR
100 BR	01:45.3	01:59.9	01:36.8	01:43.5	01:30.1	01:36.1	01:24.7	01:30.1	01:20.9	01:29.8	01:20.8	01:29.3	01:15.7	01:23.0	100 BR
200 BR	03:44.5	04:11.2	03:28.5	03:42.0	03:13.6	03:24.7	03:04.2	03:11.2	02:51.7	03:09.8	02:51.6	03:09.7	02:47.2	03:08.1	200 BR
50 Fly	42.51	50.51	36.65	40.74	33.03	36.17	31.43	34.59	30.98	33.95	30.96	33.02	29.86	32.10	50 Fly
100 Fly	01:40.4	02:00.4	01:27.5	01:40.4	01:17.6	01:28.1	01:11.0	01:19.7	01:10.9	01:19.6	01:10.8	01:17.6	01:06.2	01:10.5	100 Fly
200 Fly	03:47.5	04:29.0	03:46.3	04:25.8	02:55.1	03:26.6	02:41.7	02:59.0	02:39.9	02:50.7	02:38.7	02:49.0	02:27.3	02:35.3	200 Fly
200 IM	03:15.3	04:32.0	03:01.6	03:13.1	02:46.9	02:53.2	02:34.9	02:47.5	02:34.6	02:42.8	02:33.4	02:41.9	02:28.6	02:35.9	200 IM
400 IM	NONE	NONE	07:15.8	07:35.0	05:54.9	06:04.5	05:36.6	05:47.2	05:30.2	05:34.9	05:30.1	05:30.9	05:12.0	5:23.6	400 IM

Short course

Event	10+11's	10+11 Con	12's	12 Con	13's	13 Con	14's	14 Con	15's	15 Con	16's	16 Con	17+	17+Con	Short
50 Free	35.90	39.88	32.30	34.20	30.10	32.00	28.70	31.60	28.20	30.56	27.50	29.70	27.40	28.40	50 Free
100 Free	01:21.0	01:34.9	01:11.9	01:18.0	01:07.2	01:10.6	01:03.0	01:07.1	01:00.9	01:05.7	01:00.8	01:05.1	59.00	01:01.30	100 Free
200 Free	03:00.0	03:37.3	02:38.1	02:50.6	02:22.6	02:33.8	02:14.7	02:25.3	02:12.6	02:21.8	02:12.4	02:21.6	02:06.00	02:12.90	200 Free
400 Free	06:34.0	06:43.5	05:35.8	05:42.7	04:58.2	05:10.0	04:47.7	04:49.0	04:42.4	04:48.5	04:41.7	04:46.6	04:25.30	04:35.40	400 Free
800 Free	NONE	NONE	12:25.0	13:10.6	10:51.2	11:09.5	10:02.4	10:11.6	09:42.3	09:49.4	09:37.4	09:47.8	09:12.2	09:33.4	800 Free
1500 Free	NONE	NONE	20:12.5	20:37.0	19:29.4	19:37.0	18:39.6	19:36.0	18:25.5	19:32.7	18:18.4	18:49.9	17:50.3	18:17.5	1500 Free
50 Back	42.20	46.40	38.20	40.80	35.40	38.10	33.60	36.90	32.70	36.20	32.40	35.80	30.40	33.20	50 Back
100 Back	01:29.3	01:42.0	01:23.9	01:29.0	01:16.3	01:20.6	01:13.0	01:19.1	01:10.8	01:17.8	01:10.6	01:17.0	01:05.7	01:10.3	100 Back
200 Back	03:22.00	03:38.50	03:01.10	03:09.90	02:40.40	02:53.00	02:27.60	02:46.00	02:36.40	02:45.30	02:35.00	02:44.30	02:25.80	02:30.30	200 Back
50 BR	47.80	55.70	42.60	46.30	39.70	43.00	37.00	39.70	36.20	39.70	36.20	39.40	34.60	37.70	50 BR
100 BR	01:44.10	01:58.80	01:35.00	01:42.30	01:28.70	01:34.80	01:23.00	01:28.70	01:19.30	01:28.40	01:19.20	01:27.90	01:14.00	01:21.50	100 BR
200 BR	03:42.10	04:09.10	03:25.90	03:39.60	03:10.80	03:22.10	03:01.30	03:08.40	02:48.60	03:07.00	02:48.50	03:06.90	02:44.00	03:05.30	200 BR
50 Fly	42.10	50.10	36.10	40.30	32.50	35.60	30.80	34.00	30.40	33.40	30.30	32.40	29.20	31.50	50 Fly
100 Fly	01:39.6	01:59.8	01:26.6	01:39.6	01:17.0	01:27.2	01:09.9	01:18.7	01:10.0	01:19.1	01:10.3	01:16.6	01:05.0	01:09.4	100 Fly
200 Fly	03:46.1	04:27.8	3:44.90	04:25.0	02:53.3	03:25.1	02:39.7	02:57.2	02:37.9	02:48.8	02:26.6	02:47.1	02:25.1	02:33.3	200 Fly
200 IM	03:13.0	04:30.5	02:59.4	03:11.0	02:44.5	02:50.9	02:32.3	02:45.1	02:32.0	02:40.4	02:30.8	02:39.4	02:55.9	02:33.3	200 IM
400 IM	NONE	NONE	07:11.7	07:31.1	05:50.0	05:59.6	05:31.3	05:42.1	05:24.8	05:29.6	05:24.7	05:26.0	05:06.3	05:18.1	400 IM