

GoCardless Swim England National Winter Championships 2025

11 - 14 December 2025, Ponds Forge, Sheffield

Qualifying Times

Open/Male			Event	Female		
Born 2009 or younger	Born 2008 / 2007	Born 2006 or older		Born 2006 or older	Born 2008 / 2007	Born 2009 or younger
24.40	23.90	23.10	50m Freestyle	26.50	26.80	27.00
53.40	51.90	50.70	100m Freestyle	57.50	57.90	58.60
1:57.00	1:54.50	1:51.50	200m Freestyle	2:04.20	2:05.00	2:06.30
4:09.20	4:04.90	3:59.70	400m Freestyle	4:24.00	4:25.00	4:26.50
8:41.00	8:33.00	8:25.40	800m Freestyle	9:06.00	9:08.00	9:13.00
16:41.00	16:25.20	16:20.00	1500m Freestyle	17:40.00	17:45.00	17:50.00
30.70	30.20	28.70	50m Breaststroke	33.00	33.40	33.90
1:07.70	1:06.00	1:02.70	100m Breaststroke	1:11.70	1:12.75	1:13.10
2:26.50	2:24.00	2:18.30	200m Breaststroke	2:36.30	2:37.50	2:38.30
26.40	25.80	25.00	50m Butterfly	28.50	28.75	29.00
59.00	57.40	55.40	100m Butterfly	1:03.10	1:03.70	1:04.20
2:13.80	2:09.50	2:07.00	200m Butterfly	2:21.50	2:22.40	2:23.00
27.40	27.10	26.50	50m Backstroke	29.60	30.00	30.20
59.60	58.15	57.50	100m Backstroke	1:03.50	1:04.30	1:05.00
2:10.00	2:07.50	2:06.00	200m Backstroke	2:18.50	2:19.00	2:20.20
1:01.90	59.60	58.40	100m Ind. Medley	1:05.80	1:06.50	1:07.00
2:12.30	2:08.70	2:06.00	200m Ind. Medley	2:20.70	2:21.50	2:22.50
4:42.50	4:37.50	4:34.00	400m Ind. Medley	5:00.00	5:01.00	5:02.00

Entry times for individual entrants from Swim England, Scottish Swimming or Swim Wales must be recorded in British Rankings, from swimming competitions designated or Licensed at Level 1 or 2 since 1 September 2024.

Times can be achieved in either a 50m or 25m pool. The fastest time will be used for entry. There will be no conversions.

Closing date for entries, 12 noon, Wednesday 26 November 2025.