

SE LONDON SUMMER CHAMPIONSHIPS 2026
SCHEDULE OF EVENTS

Day 1 25 April - LAC	Day 2 26 April - LAC	
Session 1 HEATS 101 Open/Boys 11 & Over 200 Fly 102 Girls 11 & Over 100 Fly 103 Open/Boys 11 & Over 50 Breast 104 Girls 11 & Over 50 Back 105 Open/Boys 11 & Over 100 Free 106 Girls 11 & Over 400 IM 107 Open/Boys 11 & Over 1500 Free Session 2 FINALS 101 Open/Boys 11 & Over 200 Fly 102 Girls 11 & Over 100 Fly 103 Open/Boys 11 & Over 50 Breast 104 Girls 11 & Over 50 Back 105 Open/Boys 11 & Over 100 Free 108 Girls 4x200 Free Team 109 Women 4x200 Free Team	Session 3 HEATS 201 Girls 11 & Over 200 IM 202 Open/Boys 11 & Over 200 Breast 203 Girls 11 & Over 50 Free 204 Open/Boys 11 & Over 50 Fly 205 Girls 11 & Over 100 Back 206 Open/Boys 11 & Over 400 Free 207 Girls 11 & Over 800 Free Session 4 FINALS 201 Girls 11 & Over 200 IM 202 Open/Boys 11 & Over 200 Breast 203 Open/Boys 11 & Over 50 Fly 204 Girls 11 & Over 50 Free 205 Girls 11 & Over 100 Back 208 Open/Boys 4x100 Free Team 209 Open/Men 4x100 Free Team	
Day 3 2 May - LAC	Day 4 3 May - LAC	Day 5 4 May - LAC
Session 5 HEATS 301 Girls 11 & Over 200 Fly 302 Open/Boys 11 & Over 100 Fly 303 Girls 11 & Over 50 Breast 304 Open/Boys 11 & Over 50 Back 305 Girls 11 & Over 100 Free 306 Open/Boys 12 & Over 400 IM (HDW) 307 Girls 11 & Over 1500 Free (HDW) Session 6 FINALS 301 Girls 11 & Over 200 Fly 302 Open/Boys 11 & Over 100 Fly 303 Girls 11 & Over 50 Breast 304 Open/Boys 11 & Over 50 Back 305 Girls 11 & Over 100 Free 308 Open/Boys 4x200 Free Team 309 Open/Men 4x200 Free Team	Session 7 HEATS 401 Open/Boys 11 & Over 200 IM 402 Girls 11 & Over 200 Breast 403 Open/Boys 11 & Over 50 Free 404 Girls 11 & Over 50 Fly 405 Open/Boys 11 & Over 100 Back 406 Girls 11 & Over 400 Free (HDW) 407 Open/Boys 11 & Over 800 Free (HDW) Session 8 FINALS 401 Open/Boys 11 & Over 200 IM 402 Girls 11 & Over 200 Breast 403 Open/Boys 11 & Over 50 Free 404 Girls 11 & Over 50 Fly 405 Open/Boys 11 & Over 100 Back 408 Girls 4x100 Free Team 409 Women 4x100 Free Team	Session 9 HEATS 501 Open/Boys 11 & Over 200 Free 502 Girls 11 & Over 200 Free 503 Open/Boys 11 & Over 100 Breast 504 Girls 11 & Over 100 Breast 505 Open/Boys 11 & Over 200 Back 506 Girls 11 & Over 200 Back 507 Open/Boys 4x100 Medley Team (HDW) 508 Girls 4x100 Medley Team (HDW) Session 10 FINALS 501 Open/Boys 11 & Over 200 Free 502 Girls 11 & Over 200 Free 503 Open/Boys 11 & Over 100 Breast 504 Girls 11 & Over 100 Breast 505 Open/Boys 11 & Over 200 Back 506 Girls 11 & Over 200 Back 509 Open/Men 4x100 Medley Team 510 Women 4x100 Medley Team