



The Borough of Harrow Swimming Club

Affiliated to Swim England London Region

Website: www.harrowswim.club Email: events@harrowswim.com

Borough of Harrow SC Club Championships 2026

(Under Swim England Laws & Technical Rules)

Level 4 Licence -

Saturday 4 July & Sunday 5 July 2026

St Margarets Pool, Merry Hill Road, Bushey, WD23 1DT

5pm to 9pm (Saturday– Sessions 1 & 2)

11am to 3pm (Sunday– Sessions 3 & 4)

Conditions

1. Ages are as at **31st December 2026**. Swimmers must be 9 or over by 31/12/26.
 2. Only Members of Borough of Harrow SC are allowed to enter. Swimmers must be Swim England Registered Category Club Train or Club Compete.
 3. **Entry Deadline is Monday 22 June 2026.** Refunds for withdrawals following this date will be considered for medical reasons only and medical evidence will be required if requested. Where swimmers have tested positive to COVID, a full refund will be given if proof of a positive test result can be shown. Full refund will be given should there be a government imposed lockdown. No other refunds will be considered.
 4. **Entry Fee Structure:**
 - 5 races: £7.00 per race
 - 6–8 races: £6.00 per race
 - 9–11 races: £5.50 per race
 - 12+ races: £5.25 per race
- Maximum total entry fee: £70.00**
5. Entry is only available via Club Website. Any late entries are classified as time trials and will not count towards club awards although times will be forwarded to Swim England rankings.
 6. Time Trials may be accepted following closure of the deadline if there are spaces available to fill lanes at a cost of £8.00 per time trial. Time Trial results will not count towards club awards although times will be forwarded to Swim England rankings.
 7. **This is a card-less meet. Entries will be pre seeded before the meet.** Any withdrawals must be made prior to the start of each session. This is to ensure the meet runs to time.
 8. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the "Female" category, a swimmer confirms that their birth sex is female.
 9. We will continue to follow all current and future updates set out by Government and Swim England COVID guidelines and conditions are therefore subject to change.
 10. All participants and spectators must observe all safety precautions in operation at the pool and follow instructions of Pool Staff and The Borough of Harrow SC Management Team. Prior to leaving poolside swimmers must dry off and put on appropriate clothing and footwear. All swimmers should remain on poolside at all times unless permission is obtained from the Marshalls, Team Managers or Coaches.
 11. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings). A full copy of the results will be published on the website after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data, they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems.

12. Borough of Harrow SC reminds all those attending these meets (competitors, coaches, team managers, spectators, officials, volunteers, contracted staff etc.) wishing to use cameras, video or digital image capturing devices (including mobile phones) that they should only do so after reference to their obligations and the recommendations laid down in Wavepower 2024, the Swim England Child Safeguarding Policy & Procedures and other Swim England Photography guidance. Your adherence to the guidelines and vigilance during the event will assist in our efforts to avoid the misuse of such equipment and the images/videos produced. Flash photography is prohibited at all times. Swim England changing room policy now **prohibits all use of a mobile phone or device in a changing area** during Swim England regulated activity.
13. All swimmers must observe the pool and Swim England Safety Rules. The Depth of the water at the Shallow end of the Main Pool is 1 metre (End where the timing display board is). The Deep End of Main pool is 1.8 Meters Deep (starting block end) The starting blocks are 72cm above the level of the water. Only those swimmers who have reached the standard of the Swim England Preliminary Competitive Start Award are permitted to start with a shallow racing dive from the side of the pool. Swimmers who have not reached this standard must start in the water.
14. All officials can claim expenses as per Borough of Harrow Swimming Club Expenses Policy. Please contact events@harrowswim.com for full details.
15. The Promoter reserves the right to amend the Conditions, without prior notice, to ensure the smooth running of the Championships. Queries to Dominique Ford at events@harrowswim.com

Race Schedule

Saturday

Session 1		Warm Up: 5pm – Races commence 5.25pm		
Event	Distance	Stroke	Age Range	Gender
1	200m	Individual Medley	9 & Over	Male / Open
2	100m	Individual Medley	9 & Over	Female
3	50m	Freestyle	9 & Over	Male / Open
4	50m	Freestyle	9 & Over	Female
5	200m	Breaststroke	9 & Over	Male / Open
6	200m	Breaststroke	9 & Over	Female
7	100m	Butterfly	9 & Over	Male / Open
8	100m	Butterfly	9 & Over	Female

Minimum 20 Minute Break

Session 2		Warm Up: To Be Confirmed		
Event	Distance	Stroke	Age Range	Gender
9	200m	Individual Medley	9 & Over	Female
10	100m	Individual Medley	9 & Over	Male / Open
11	50m	Butterfly	9 & Over	Female
12	50m	Butterfly	9 & Over	Male / Open
13	200m	Backstroke	9 & Over	Female
14	200m	Backstroke	9 & Over	Male / Open
15	100m	Freestyle	9 & Over	Female
16	100m	Freestyle	9 & Over	Male / Open

Sunday

Session 3		Warm Up: 11am – Races Start 11.25am		
Event	Distance	Stroke	Age Range	Gender
17	50m	Backstroke	9 & Over	Female
18	50m	Backstroke	9 & Over	Male / Open
19	200m	Freestyle	9 & Over	Female
20	200m	Freestyle	9 & Over	Male / Open
21	100m	Breaststroke	9 & Over	Female
22	100m	Breaststroke	9 & Over	Male / Open
23	400m	Individual Medley	11 & Over	Female
24	400m	Individual Medley	11 & Over	Male / Open

Minimum 20 Minute Break

Session 4		Warm Up: To Be Confirmed		
Event	Distance	Stroke	Age Range	Gender
25	50m	Breaststroke	9 & Over	Female
26	50m	Breaststroke	9 & Over	Male / Open
27	200m	Butterfly	9 & Over	Female
28	200m	Butterfly	9 & Over	Male / Open
29	100m	Backstroke	9 & Over	Female
30	100m	Backstroke	9 & Over	Male / Open
31	400m	Freestyle	11 & Over	Female
32	400m	Freestyle	11 & Over	Male / Open

Club Championship Age Group & Stroke Awards

Age Group Awards

- Age Group awards are calculated on a points scoring system based on fina points. All results will be converted to fina points. Age group results will depend on total fina points from all races entered.
Age Groups are: 9, 10, 11, 12, 13, 14-15, 16-17, 18 & Over
Races eligible against Age Group Awards are: 50m, 100m, 200m all strokes, 100m & 200m Individual Medley

Stroke Awards

- Fastest swimmer (male and female) in 100m (not IM), 200m 400m and 800m (female) /1500m (male / open) races

To qualify for the stroke awards for 800m Freestyle (girls) & 1500m Freestyle (boys / open), times need to have been achieved at any licenced meet by 31/12/26. A level 4 licenced meet will be arranged and details to follow in due course.

400m Freestyle / IM, 800m & 1500m Freestyle stroke awards – only open for swimmers aged 11 and over.

